

Dear Parents,

The following announcements were made to all band students yesterday:

1. SOCKS

Socks should provide a good cushion and protection against blisters. They should cover the ankle completely at the top of the shoe. Additionally, students should have an extra pair for each day of camp, as well as an extra pair of shoes.

2. BLISTER BLOCK BAND-AIDS

Even with proper shoes and socks, students can get blisters from marching. These special band-aids are medicated and are shaped to cover blisters on feet or fingers. Using a blister band-aid with a waterproof band-aid on top keeps it securely in place.

3. MONEY

There are vending machines in the lobby of the dorm, as well as the student center. Please pack \$1 and \$5 dollar bills only. Chaperones will not have change.

4. ANKLE BRACE

If your son or daughter has had problems with a weak ankle, knee, wrist, etc. please pack a brace or support.

5. SUNSCREEN

Apply sunscreen before leaving for camp in the morning. There will be practice immediately after luggage is dropped off in the room.

6. SUNDAY LUNCH

Remember to pack a lunch to eat when we arrive at camp. The next opportunity to eat will be dinner at 5:30 p.m.

7. MEDICATIONS

If you need to have a chaperone hold your child's medication at camp, there will be a table outside of the band room on Sunday morning. If there are any changes to your child's medical history, blank copies of the medical form will also be available for the updates.

8. CONTACT NUMBER

While we are at camp, in case of emergency, please call (440) 715-0941. In the event that I cannot answer my cell phone when you call, rest assured that I will be checking messages throughout the day.

Many thanks,

Vera Sohutskay
Band Camp Coordinator